

# St. Mary's Whitechapel Episcopal Church and

## Trinity Episcopal Church

5940 White Chapel Road, Lancaster, Virginia 22503

Church phone: (804) 462-5908

Church email: stmarys.whitechapel@aol.com

### Parish Office Hours

Tues- Fri: 9:00AM - 4:00PM

Trinity Episcopal Church website - [www.trinitylancasterva.org](http://www.trinitylancasterva.org)

St. Mary's Whitechapel Episcopal Church website - [www.stmaryswhitechapel.org](http://www.stmaryswhitechapel.org)

### The Rev. Dr. Ron Okrasinski, Interim Rector

Phone: (804) 761-0201

email: [smwtrchurches@gmail.com](mailto:smwtrchurches@gmail.com) or [FrRonO@verizon.net](mailto:FrRonO@verizon.net)

# The Good News

## February 2017

### Sunday, February 5

#### Epiphany V

Trinity 9:30 AM Holy Eucharist Rite II

SMW 10:00 AM Christian Education

11:15 AM Holy Eucharist Rite II

Annual Meeting and Pot Luck Lunch

### Sunday, February 12

#### Epiphany VI

Trinity 9:30 AM Holy Eucharist Rite II

SMW 10:00 AM Christian Education

11:15 AM Holy Eucharist Rite II

### Sunday, February 19

#### Epiphany VII

Trinity 9:30 AM Holy Eucharist Rite II

SMW 10:00 AM Christian Education

11:15 AM Holy Eucharist Rite II

### Sunday, February 26

#### Last Sunday after Epiphany

Trinity 9:30 AM Holy Eucharist Rite II

SMW 10:00 AM Christian Education

11:15 AM Holy Eucharist Rite II

## The Rector's Musings

### GOALS/PLANS

Our lives are much more self-directed when our goals are clear. Goals represent a desired future state, and usually are hard to accomplish in less than five years. For instance, ridding the world of hunger or illiteracy -- just can't do those things overnight. Goals need to be not only clear, but cherished, so they would not be abandoned when inevitable obstacles are encountered.

Plans, however, are different. Sometimes called objectives, plans are a description of results we want soon, such as: I want to collect this definite amount of money to send to Episcopal Relief Services for the hungry in Ethiopia by the end of the month.

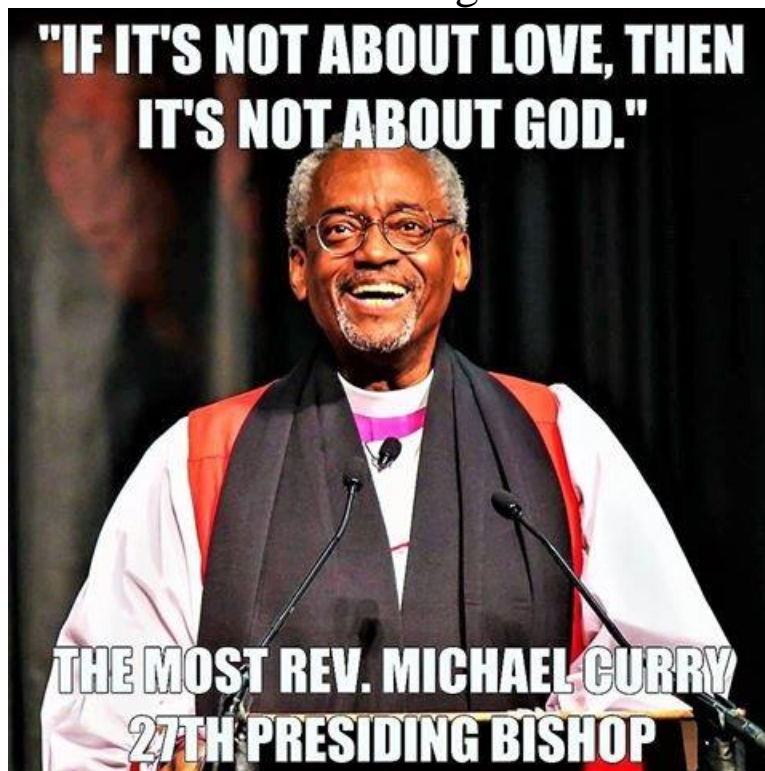
But plans need to be flexible. Too many things can happen, too many things beyond our control. It snows. Whoops, where did that cold sore come from? Darn, lost in the mail. He missed the plane? Grandma is sick; we can't go on vacation now. That movie played for the last time yesterday. Didn't you know this restaurant is closed on Monday?

Father Henri Nouwen once wrote about how his ministry kept being messed up by interruptions. It seems he was very attached to his ministerial plans. Then he realized that his ministry *was* the interruptions.

James and John, sons of Zebedee, most likely saw their life plans as being good fishermen, just like their father. In that simple society, sons normally followed the same career as their fathers. But Jesus made them change their plans one day when he strolled by and invited them to "Come, follow me." Good thing their plans were flexible.

~Fr. Ron

### Photo Page



## NEWS AND NOTES

### GROUP MEETINGS/SCHEDULES

**AA:** SMW Tue 7:00-9:00 PM  
Trinity Wed 7:30-8:30 PM & Fri 12 noon  
**Book Club at SMW:** Fridays 12:00 noon  
February Mtgs: February 3, 10, 17, 24  
**Bumble Bee Quilters:**  
2<sup>nd</sup> & 4<sup>th</sup> Mondays 9:00 AM- 3:00PM Trinity  
February Meetings: February 13 & 27  
**FOOD PANTRY:** 2<sup>nd</sup> Thursday each month SMW  
Thursday, February 9  
Set Up 11:30 AM  
Open for Business 2:00 – 5:00 PM  
**Great Decisions: 10:00 every other Tuesday**  
February Meetings: 14 & 28  
**Men's Bible Study Breakfast Group:**  
1<sup>st</sup> and 3<sup>rd</sup> Thursdays 7:45 AM SMW  
February Meetings: February 2 & 16  
**Monday Morning Women's Group:**  
2<sup>nd</sup> & 4<sup>th</sup> Mondays 10:00 AM SMW  
February Meetings: February 13 & 27  
**St. Mary's Whitechapel Choir:** Feb 3 10:30 AM  
**SMW Vestry:** February 20, 2:00 PM  
**Trinity's Vestry:** February 14, 6:30 PM



### DO YOU KNOW ?

By: Bill Pennell

"In every battle you will need faith as your shield to stop the fiery arrows aimed at you by Satan."

Who wrote this, and what book is it from?



### Notary Public Services

FREE notary public services to  
St. Mary's Whitechapel & Trinity parishioners  
Bill Pennell 462-5803  
email [whpjr517@aol.com](mailto:whpjr517@aol.com)



### REMEMBER:

**SEE SOMETHING? SAY SOMETHING!**

at St. Mary's Whitechapel

**REMINDER: PUT IT IN THE BINDER**

Bob Woods 240-463-4257 or

email: [bob@topside-consulting.com](mailto:bob@topside-consulting.com)



### COFFEE HOUR (and other) RECIPES

If you would like your best recipes published in  
**THE GOOD NEWS**

please submit them to: [stmarys.whitechapel@aol.com](mailto:stmarys.whitechapel@aol.com)

### Volunteers needed

St. Mary's Whitechapel needs volunteers to prepare and take supper to the volunteers at the NN Free Health Clinic. We do this each year and it just takes a simple meal and it needs to be delivered to the clinic. Questions - see Ed Ramsey



### LCMA Lenten Luncheons

**will begin Ash Wednesday (March 1).**

All luncheons will be held at Kilmarnock Baptist Church on Church Street in Kilmarnock. Services begin at 12:00 noon each Wednesday through April 12, and will be followed by a luncheon in the fellowship hall. All are welcome to attend. According to Jane Fortin, St. Mary's Whitechapel, Trinity, and Grace Churches will have duty on March 29, and will help serve, clean up, and make brownies. Please call Jane Fortin 462-0431 or Frances Callaghan 462-0606 for details.



**Last month at the River Road Food Pantry  
27 volunteers served 94 households  
or 299 individuals.**



Rector's Discretionary Fund  
Expenditures for January: \$565.03

**Remember that on the first Sunday of each  
month the loose plate offering will be  
contributed to the Rector's Discretionary Fund.  
Please be generous.**



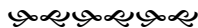
### Birth Announcement

Welcome to Mason Townsend Collins  
Mason was born on December 31, 2016 to Jessica Morgan and John Collins. Gwen and J.R. Morgan are his maternal grandparents. Irene Walker is his maternal great grandmother.  
Born at Hanover Memorial Regional Hospital  
6 lbs., 7 oz., 20" long  
Great grandmother Irene reports he has big feet!



MARCH 2017  
**GOOD NEWS**

ARTICLES DUE:  
WEDNESDAY, FEBRUARY 22



### Lenten Quiet Day

Will be offered by the ECW on March 16, 2017  
9:30-3:00

At the Roslyn Conference and Retreat Center

Led by

The Rev. Dr. Thom Blair

Applications can be found on the bulletin board



### ANSWER TO DO YOU KNOW:

St. Paul wrote it in his letter to the Ephesians



### The Link - December 2016 stats

Number of clients helped: **37**  
Number of persons in 37 clients' families: **90**  
From Lancaster County: **24**  
From Northumberland County: **13**  
Types of assistance:

Electric:	15
Heat/Cooling:	5
Repairs:	2
Water:	0
Rent:	15
Referral:	0
Follow-up:	0
Other:	0

Total assistance, both counties, in December:

**\$8,725.90**

### 2016 to date

Total clients, both counties: **365**  
Total assistance, both counties: **\$73,431.96**



### Love One Another



### A Marriage and a Baptism

Julian Peter Allen Cornwell and Elizabeth Pastena were married on January 13, 2017 in New York City, where they both live. Liz is the daughter of James Pastena and Kathi Stark of Putnam Valley, New York.

David Penn Charlton ('Penn') was christened at Grace Church, Kilmarnock on 8 January, 2017. Parents: Charlotte and Wesley Charlton. Grandparents: Wendy

and David Charlton, and Sally and Allen Cornwell.

### Trinity's Contact List

#### Interim Rector

The Rev. Dr. Ron Okrasinski  
Cell: (804) 761-0201  
Office: (804) 462-5908  
[smwtrchurches@gmail.com](mailto:smwtrchurches@gmail.com)  
[FrRonO@verizon.net](mailto:FrRonO@verizon.net)

#### Vestry 2016

Senior Warden	Stan James	(804) 462-3118
Junior Warden	J. R. Roscher	(804) 462-7657
Members	Frances Callaghan	(804) 462-0606
	Janet Christopher	(804) 435-2078
	Jay Davenport	(804) 462-5618
	Craig Giese	(804) 462-7510
Register	Carol Roscher	(804) 462-7657
Treasurer	Peter Cammarata	(804) 453-5408

#### Receipts Treasurer

Council and Region II Delegate - Albert Pollard (804) 761-0775

#### Staff

Young People's Programs Director

Stephanie Hamrick (804) 466-1906

[sphamrick77@gmail.com](mailto:sphamrick77@gmail.com) Organist

Glenn Courtney (804) 462-7931

Parish Secretary [glenncourtney49@gmail.com](mailto:glenncourtney49@gmail.com)  
Laura Rowe (804) 462-5908  
[stmarys.whitechapel@aol.com](mailto:stmarys.whitechapel@aol.com)

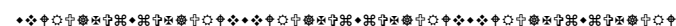
Altar Guild Chair Lella Lee Edwards (804) 462-7556

Outreach Co-Chair Allen Cornwell (804) 438-5206

Acolyte Coordinator Chris Cammarata (804) 761-3206

Lector Coordinator Janet Christopher (804) 435-2078

Scholarship Committee Craig Giese, Sally Cornwell, Jane Dunaway



### St. Mary's Whitechapel Contact List

#### Interim Rector

The Rev. Dr. Ron Okrasinski  
Office: (804) 462-5908  
Cell: (804) 761-0201  
[smwtrchurches@gmail.com](mailto:smwtrchurches@gmail.com)  
[FrRonO@verizon.net](mailto:FrRonO@verizon.net)

#### Vestry 2016

Senior Warden	Ed Ramsey	(804) 761-2833
Junior Warden	Bob Woods	(804) 462-7820
Members	Jack Blaine	(804) 462-9931
	Cheryl Budzinski	(804) 462-5152
	Anne Stanley	(804) 462-0591
Register	Alison Towles	(804) 462-5589

#### Treasurers

Receipts	Buzz Budzinski	(804) 462-5152
Disbursements	Betty Thornton	(804) 462-0742
Cemetery	Ernie Greene	(804) 462-0107
Endowments	Bill Pennell	(804) 462-5803

Council & Region II Delegate - Jane Fortin (804) 462-0431

#### Staff

Organist	Glenn Courtney	(804) 462-7931
Parish Secretary	Laura Rowe	(804) 462-5908
Sexton	Raymond Gaddy	(804) 462-7630
Altar Guild	Jane Henley	(804) 438-4303
	Betsy Woods	(804) 462-7820

Cemetery Committee Chair	TBD	
Church Historian	Page Henley	(804) 438-4303
Educ. Grants Chair	Betty Thornton	(804) 462-0742
Funeral Reception Coord.	Jannine Pennell	(804) 462-5803
Kitchen Coordinator	Betty Thornton	(804) 462-0742
Lector & LEM Coord.	Bill Pennell	(804) 462-5803
Outreach Comm. Chair	Anne Stanley	(804) 462-0591
Usher Coordinator	Ralph Horne	(804) 462-0600

## TRINITY'S FEBRUARY CALENDAR

February 1 WE	<b>AA Meeting</b>	7:30-8:30 PM
February 2 TH	<b>*Men's Bible Study Breakfast</b>	7:45 AM
February 3 FR	<b>*Book Club</b>	12:00 noon
	<b>AA Meeting</b>	12:00 noon
February 5 SU	<b>HE Rite II Epiphany V</b>	9:30 AM
February 8 WE	<b>AA Meeting</b>	7:30-8:30 PM
February 9 TH	<b>*River Rd Food Pantry</b>	2:00-5:00 PM
February 10 FR	<b>*Book Club</b>	12:00 noon
	<b>AA Meeting</b>	12:00 noon
February 12 SU	<b>HE Rite II Epiphany VI</b>	9:30 AM
February 13 MO	<b>*Monday Wm's Grp</b>	10:00 AM
	<b>Bumble Bee Quilters</b>	9:00AM-3:00PM
February 14 TU	<b>*Great Decisions</b>	10:00 AM
	<b>Vestry Meeting</b>	6:30 PM
February 15 WE	<b>AA Meeting</b>	7:30-8:30 PM
February 16 TH	<b>*Men's Bible Study Breakfast</b>	7:45 AM
February 17 FR	<b>*Book Club</b>	12:00 noon
	<b>AA Meeting</b>	12:00 noon
February 19 SU	<b>HE Rite II Epiphany VII</b>	9:30 AM
February 22 WE	<b>AA Meeting</b>	7:30-8:30 PM
	<b>Articles for February Good News Due</b>	
February 24 FR	<b>*Book Club</b>	12:00 noon
	<b>AA Meeting</b>	12:00 noon
February 26 SU	<b>HE Rite II Last Epiphany</b>	9:30 AM
February 27 MO	<b>*Monday Wm's Grp</b>	10:00 AM
	<b>Bumble Bee Quilters</b>	9:00AM-3:00PM
February 28 TU	<b>*Great Decisions</b>	10:00 AM
March 1 WE	<b>Ash Wednesday Services</b>	<b>TBA</b>
	<b>Lenten Luncheons(KBC)</b>	12:00 noon
	<b>AA Meeting</b>	7:30-8:30 PM
March 2 TH	<b>*Men's Bible Study Breakfast</b>	7:45 AM
March 3 FR	<b>AA Meeting</b>	12:00 noon
March 5 SU	<b>HE Rite II Lent 1</b>	9:30 a.m.

\* Denotes events held at St. Mary's Whitechapel (SMW)



## TRINITY'S PRAYER LIST

**Parishioners:** Brandon Dunaway, Michael Dunaway, Cookie Minno, Cameron Blandford, Dodie Jones

**Parishioner Relatives:** J.W. Boone (Janice Shanks' cousin), Whit Walden (Janice Shanks' grandson), Ian Larmore (Morton Townsend's great grandson), Brad Quillen (Glenn Courtney's friend)

**Prayers for Friends of Trinity Members:** Caleb Chowning (Janice Shanks' friend), Donna (Glenn Courtney's friend), Joey Coker (Glenn Courtney's friend), Katie Valinotti (friend of Frances Callaghan)

**Prayers for Armed Service Men & Women:**

Paul Price, Jimmy Hodsdon, Kevin Hargrove, Warren Ruitt, Daniel Fox and Justin Jones.



## TRINITY'S FEBRUARY VOLUNTEERS

### Sunday, February 5

Altar Guild: Chris Cammarata and Carol Roscher  
Acolyte/ Eucharistic Minister: Janet Christopher  
Lector/ Usher: Albert Pollard  
Coffee Hour: Albert Pollard

### Sunday, February 12

Altar Guild: Chris Cammarata and Carol Roscher  
Acolyte: Sydney Price  
Lector/ Usher: Jay Davenport  
Eucharistic Minister: Craig Giese  
Coffee Hour: Carol and JR Roscher

### Sunday, February 19

Altar Guild: Chris Cammarata and Carol Roscher  
Eucharistic Minister/ Lector: Chris Cammarata  
Usher: JR Roscher  
Coffee Hour: Allen and Sally Cornwell

### Sunday, February 26

Altar Guild: Chris Cammarata and Carol Roscher  
Acolyte: Ryan Cammarata  
Lector /Eucharistic Minister: Craig Giese  
Usher: Allen Cornwell  
Coffee Hour: Stanley and Gwen James

### Ash Wednesday, March 1

TBD

### Sunday, March 5

Altar Guild: Frances Callaghan and Sally Cornwell  
Acolyte: Sydney Price  
Eucharistic Minister: Janet Christopher  
Lector /Usher: Stanley James  
Coffee Hour: \_\_\_\_\_



## TRINITY'S FEBRUARY BIRTHDAYS

Elizabeth Hyde (2/3). Dodie Jones (2/12), Cameron Blandford (2/12), Bill Buhmann (2/13), Amy Christopher (2/18), Justin Kingsbury (2/18). Brooke Hayden (2/20), Hunter Hayden (2/24), Mickey Blandford (2/25). Ian Larmore (2/26), Anne Draper (2/26), Lane Hayden (3/4). Anniversary- Carol and JR Roscher (2/29)



## MARCH 2017 GOOD NEWS

DEADLINE:

**WEDNESDAY, FEBRUARY 22**

**ST. MARY'S WHITECHAPEL FEBRUARY CALENDAR.**

February 2 TH	<b>Men's Bible Study Breakfast</b> 7:45 AM
	<b>Budget Committee Mtg.</b> 3:00 PM
February 3 FR	<b>Choir Practice</b> 10:30 AM
	<b>Book Club</b> 12:00 noon
February 5 SU	<b>Christian Education</b> 10:00 AM
	<b>HE Rite II Epiphany V</b> 11:15 AM
<b>Annual Parish Meeting and Pot Luck Lunch</b>	
February 7 TU	<b>AA Meeting</b> 7:00-9:00 PM
February 9 TH	<b>River Road Food Pantry</b> 2:00-5:00 PM
February 10 FR	<b>Book Club</b> 12:00 noon
February 12 SU	<b>Christian Education</b> 10:00 AM
	<b>HE Rite II Epiphany VI</b> 11:15 AM
February 13 MO	<b>Monday Wm's Grp</b> 10:00 AM
	<b>Bumble Bee Quilters</b> 9:00AM-3:00PM (Tr)
February 14 TU	<b>Great Decisions</b> 10:00 AM
	<b>AA Meeting</b> 7:00-9:00 PM
February 16 TH	<b>Men's Bible Study Breakfast</b> 7:45 AM
February 17 FR	<b>Book Club</b> 12:00 noon
February 19 SU	<b>Christian Education</b> 10:00 AM
	<b>HE Rite II Epiphany VII</b> 11:15 AM
February 20 MO	<b>Vestry</b> 2:00 PM
February 21 TU	<b>NN Garden Club</b> 9:00 AM
	<b>AA Meeting</b> 7:00-9:00 PM
February 22 WE	<b>GOOD NEWS ARTICLES DUE</b>
February 23	<b>20 meals for NNFHC</b>
February 24 FR	<b>Book Club</b> 12:00 noon
February 26 SU	<b>Christian Education</b> 10:00 AM
	<b>HE Rite II Last Epiphany</b> 11:15 AM
February 27 MO	<b>Monday Wm's Grp</b> 10:00 AM
	<b>Bumble Bee Quilters</b> 9:00 AM-3:00PM
February 28 TU	<b>Great Decisions</b> 10:00 AM
	<b>AA Meeting</b> 7:00-9:00 PM
March 1 WE	<b>Ash Wednesday Services TBA</b>
	<b>Lenten Luncheons(KBC)</b> 12:00 noon
March 2 TH	<b>Men's Bible Study Breakfast</b> 7:45 AM
March 3 FR	<b>Book Club</b> 12:00 noon
March 5 SU	<b>Christian Education</b> 10:00 AM
	<b>HE Rite II Lent 1</b> 11:15 AM

**ST. MARY'S WHITECHAPEL PRAYER LIST**

**Parishioners:** Joan Eremenko, Ralph Ransone, Sis Ransone, Mary Chilton Senell, Helen Kizer, Sherry Mann, Ralph Horne, Pat Ficklin

**Parishioner Relatives:** H.T. Courtney (Glenn Courtney's father), Mary Sue Courtney (Glenn Courtney's aunt), Delma Rose, Augustine (Skip) Dowds (Cheryl Budzinski's father), Rev. Dan Ficklin (Pat Ficklin's son), Gabrielle Quinn (Cheryl Budzinski's cousin), Bryan Johnson (Sue&Rick Johnson's son)

**Friends of SMW:** Brad Quillen (Glenn Courtney's friend), Joanne Young (Glenn Courtney's friend), Donna (Glenn Courtney's friend), Kathie Catlin (Anne Stanley's friend), Cameron Blandford (Trinity member), Anne Power (friend), Katherine Powell (Buzz Budzinski's friend), Adreinne Green (friend of Jack Blaine), Gina Adams (Mary Ann Olsen's daughter)

**Nursing Home Residents:**

Commonwealth Assisted Living - Ralph Ransone, Mary Chilton Senell  
 Farnham Manor - Augustine (Skip) Dowds  
 Lancashire - Sue Courtney, H. T. Courtney  
 RWC - Sis Ransone

**Prayers for Armed Forces:** Lt. Mark Medina, Justin Jones, Lt. Cmdr. Kathryn McCormack Akacem, Cmdr. Mehdi Akacem, and Col. M. Anderson Sale, 2LT. Thomas Mackie, and MIDN4/c Pia Mackie.

**ST. MARY'S WHITECHAPEL FEBRUARY VOLUNTEERS**

**Sunday, February 5**

Altar Guild: Sue Ramsey  
 Usher: Bob Woods  
 Lector: Sherry Mann

Acolyte / Eucharistic Minister: Betty Thornton  
 Annual Meeting and Pot Luck Lunch

**Sunday, February 12**

Altar Guild: Betsy Woods  
 Usher: Bob Woods  
 Lector: Daphne Kasteel

Acolyte / Eucharistic Minister: Ernie Greene  
 Coffee Hour: Betty Thornton

**Sunday, February 19**

Altar Guild: Jane Fortin  
 Usher: Bob Woods  
 Lector: Ursula Murch

Acolyte / Eucharistic Minister: Bill Pennell  
 Coffee Hour: Jannine and Bill Pennell

**Sunday, February 26**

Altar Guild: Betsy Woods  
 Usher: Bob Woods  
 Lector: Joan Eremenko

Acolyte / Eucharistic Minister: Bob Woods  
 Coffee Hour: Sue and Ed Ramsey

**Ash Wednesday, March 1**

Altar Guild: Jane Fortin

**Sunday, March 5**

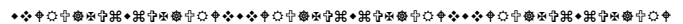
Altar Guild: Betty Thornton  
 Usher: Ed Ramsey  
 Lector: Helen Cobb

Acolyte / Eucharistic Minister: Betty Thornton  
 Coffee Hour: Jane Fortin



**ST. MARY'S WHITECHAPEL FEBRUARY BIRTHDAYS**

Kendall Stoneham (2/2), Derrick Stoneham (2/2).  
 Helen Kizer (2/15). Katelynn Wood (2/19).



**MARCH 2017 GOOD NEWS DEADLINE:**

**WEDNESDAY, FEBRUARY 22**



ST. MARY'S WHITECHAPEL  
AND TRINITY EPISCOPAL CHURCHES  
5940 WHITE CHAPEL ROAD  
LANCASTER, VIRGINIA 22503

# FEBRUARY GOOD NEWS

